

## PRE-OPERATIVE INSTRUCTIONS FOR SURGERY

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To make your surgery and/or hospital stay more smooth and satisfactory, it is very important that you comply with the following instructions:

- \* You will be contacted within 24 hours by Dr. Paci's surgical scheduler Shannon to schedule your surgery. Shannon will help to arrange any preop and post op visits and to choose your surgical site.
- 1. Please report to the Ambulatory Surgery Center or the Hospital waiting area check in desk on the day of surgery depending on where your procedure has been scheduled.
- 2. Facility contact information: Melville Surgery Center at (631) 293-9700, North Shore Surgi Center at 631-864-7100, Huntington Hospital at 631-351-2560.
- 3. **MOST IMPORTANTLY: DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY, UNLESS OTHERWISE INSTRUCTED. This includes water, gum, mints, etc.**
- 4. **Patients who are on blood pressure medicine may take their medicine with a small sip of water the morning of surgery.** NO other medicine should be taken unless otherwise instructed to do so. **No aspirin or aspirin products, diet pills, vitamins, or herbal supplements should be taken one week prior to surgery.**
- 5. Bring a list of your medications, amount and daily dosage with you. Also, bring a list of any drug allergies.
- 6. Please bring proper attire to wear after surgery. You will have dressings on your surgical sites, so loose fitting clothes will work the best. For shoulder surgery, a button up shirt, and for knee surgery shorts or loose fitting pants.
- 7. Please make arrangements for someone to drive you home after surgery. You will not be allowed to drive yourself.
- 8. Please remember to bring your insurance card and driver license with you for the facility.
- 9. FMLA or disability paperwork needs to be signed in thru our office. You should allow 7-10 days turnaround time. If you have any questions please feel free to contact either Mary at 516-881-7525 ext 1629, or Shannon at 516-881-7525 ext. 2221.
- 10. If you have any questions before surgery, please contact Shannon 516-881-7525 ext 2221.
- 12. You will get your post-operative medication scripts the day of surgery.