PRE-OPERATIVE INSTRUCTIONS FOR SURGERY

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Thank you for choosing Dr. Paci to perform your surgery. It is our pleasure to care for you. To make your surgery experience smoother and more satisfactory, it is very important that you follow these instructions:

You will be contacted by phone within 24-48 hours by Dr. Paci's surgical scheduler Kristina to schedule your surgery. Kristina will help to arrange any preop and post op visits and to choose your surgical site. If you do not hear from Kristina within 48 hours please contact her at 631-719-9071. She will email you if she cannot reach you by phone.

1. **Please bring any prescribed braces or slings with you on the day of surgery.**
2. Please report to the Ambulatory Surgery Center or the Hospital waiting area check in desk on the day of surgery depending on where your procedure has been scheduled.
3. Facility contact information: Syosset SurgiCenter 516-517-5300, Melville Surgery Center (631) 293-9700, Huntington Hospital 631-351-2560.
4. **MOST IMPORTANTLY: DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY, UNLESS OTHERWISE INSTRUCTED. This includes water, gum, mints, etc.**
5. **Patients who are on blood pressure medicine may take their medicine with a small sip of water the morning of surgery**. NO other medicine should be taken unless otherwise instructed to do so. **No aspirin or aspirin products, diet pills, vitamins, or herbal supplements should be taken one week prior to surgery. IF YOU ARE TAKING ORAL/INJECTABLE DIABETES/WEIGHT LOSS MEDICATION, PLEASE CONTACT OUR SURGICAL COORDINATOR FOR FURTHER GUIDANCE, AT LEAST ONE WEEK PRIOR TO SURGERY.**
6. Bring a list of your medications, amount and daily dosage with you. Also, bring a list of any drug allergies.
7. Please bring proper attire to wear after surgery. You will have dressings on your surgical sites, so loose fitting clothes will work the best. For shoulder or elbow surgery, a button up shirt, and for knee surgery shorts or loose-fitting pants.
8. Please make arrangements for someone to drive you home after surgery. You will not be allowed to drive yourself.
9. Please remember to bring your insurance card and driver license with you for the facility.
10. FMLA or disability paperwork needs to be signed in through our office. You should allow 7-10 days turnaround time. If you have any questions, please feel free to contact Kristina at 631-719-9071
11. For any additional questions, please contact Kristina 631-719-9071
12. Post-operative medication scripts will be sent electronically by the day of surgery.